

**Webster County Strategic Plan
MH/DD Services
Fiscal Years 2010, 2011, 2012**

Strategic Planning Process

The community is responsible for developing the three-year strategic plan for Webster County. The strategic plan describes the county's vision for its mental health, mental retardation and developmental disabilities system for the ensuing three fiscal years. The plan lists goals and objectives that are guided by the system principles of choice, empowerment, and community. These goals and objectives reflect the system, which the county plans to have in place in three years, the steps which will be taken to develop the system, and how progress toward implementation will be measured.

All current committee members received an invitation to attend the strategic planning meetings. A notice to participate in this process was also made to the public through the newspaper and the Webster County website. To obtain greater input from people who use the services and supports, a notice was posted in the Friendship Center, our peer run drop-in center. Meetings were held in January and February 2009. In addition, small groups were formed to develop goals, objectives and action steps for the identified areas of need. The meetings were open to the public and participation was encouraged.

The following people participated representing the community, people who utilize MH/DD services, family members, providers, corrections, law enforcement, substance abuse services, and government:

Gregg Kreamer—Ken Hays—Joan Lara –Joan Portz—Deb Delp
--Sue Laufersweiler-- Brian Schmidt-- Judy Warrick--Teresa Naughton
--Jim Burr--Linda Smith --Mary Augustus-Irene Blair –Susan Rohden--Dan Brown--Curt
Duffield--John Hostetler—Kris Hillmer-Pierson—Pat Gillespie—Kristin Baade—Deb
O'Tool—Angie Gibbs—Aaron Hudson–Cathy Casey

Webster County Vision **Mental Health/Developmental Disabilities System**

- **The system is inclusive of all regardless of age, disability, and financial status.**
- **Supports, services, and facilities are accessible to all.**
- **Consumers are empowered!**
- **Families are supported and involved!**
- **The community is aware of and educated about people with disabilities.**
- **Consumers are valued members of the community.**
- **Volunteers are a part of the system!**
- **Providers are communicating and working together.**
- **All individuals can live and receive the services and support they want and need in their community.**
- **Adequate financial resources are available to meet needs.**

NEEDS ASSESSMENT:

Resources currently available in Webster County:

Mental Health:

Berryhill Center for Mental Health – Assertive Community Treatment, Day treatment, outpatient mental health services, evaluations
Psychiatry, Lee & Associates – outpatient mental health services, evaluations
Children & Family Services of Iowa
Catholic Social Services
Lutheran Family Services
Lutheran Services in Iowa
Genesis Mental Health
Lincoln Mental Health
Mid-Iowa Therapy
Youth Shelter
Four Oaks Day Treatment
Veteran Affairs MH Clinic

Residential/ support services:

Supported Community Living (hourly and 24 hour service)
Respite services
Housing programs - HUD programs
Residential care facilities
ICF/MR facilities

Vocational Services:

Iowa Vocational Rehabilitation Services
Community employment/employers
Sheltered Workshop
Workforce Development
Temporary employment agencies
LifeWorks Community Services
Northwoods Living
Rabiner Treatment Center
VESS – (vocational education for special students)

Public Transportation:

DART
Taxi
Guardian Angels (volunteer drivers)

Education:

AEA

Schools

Iowa Central Community College
Bridges program through the school

Support Services:

Friendship Center
Webster County Disabilities Alliance
Case Management
YMCA, YWCA
Upper Des Moines – food pantry, energy assistance
Food pantries – Lord’s cupboard
Clothes closet
DSAOC
Salvation Army
Mentor program through Bridges
DHS
Legal Aid
Clergy
Webster Co. Relief
Planned Parenthood
Social Security
Veteran benefits/clinic
Churches/Clergy
ISU Extension office
Our legislators
Iowa Protection and Advocacy
United Way
Families
Service clubs
The Key on Central
School to Work Program through Schools
Adult Day Care
Day Activities
Financial Management Services – Tax Prep., Rent Reimbursement
Heat Assistance – UDMO
Homeless services and supports

Recreation:

Parks & Recreation
YMCA
Public Library
Blanden Art Gallery
Hawkeye Community Theater
Comedia Musica Players
ICCC Theater
Bowling league

Gowrie Roller Skating rink
Sunshine Singers
Choral Society
Harmony Brigade
Community events

Substance abuse treatment:

AA, NA, Al-a-non, Al-a-teen
CFR: residential, detox, outpatient, co-occurring residential, co-occurring outpatient, co-occurring housing, STARS program
Berryhill Center for Mental Health
YWCA
Dual Recovery Anonymous
Mom's off Meth

Elderly Services:

Nursing homes for the elderly
Elderbridge
Senior Citizens Center
Meals on wheels
Assisted Living

Health care:

Public Health
Community Health Center
North Central Home Care
Iowa Care program
Trinity Regional Medical Ctr.
Veteran Affairs
Medication Management
Child Specialty Clinic
Trimark clinics
Private practice physicians

Kids Services:

Youth Shelter Services
Rabiner Treatment Center
Mid-Iowa Therapy
Four Oaks Day Treatment
Pride Program
Children & Families of Iowa
Berryhill Mental Health
Bling Program
GRLS Program (through Youth Shelter Services)
Faith, Hope & Charity –(respite services through CMH waiver)

LifeWorks (respite for CMH and MR waivers)
Child Health Specialty Clinic (child psychiatry) through U of I Hospitals

Law Enforcement:

Probation/parole officers
Police Department
Sheriff Department
Judges
Fort Dodge Comm. Correctional

WHAT DO WE NEED in Webster County?

- **More Money to fund programs**
- **More sidewalks and better roads**
- **Healthy places for people to hang out**
- **Support group for families with MH needs**
- **More supported employment opportunities**
- **Transitional vocational opportunities**
- **More job opportunities**
- **Transportation local and to medical appointments out of town**
- **24 hour MH crisis triage**
- **Improved hospital to community transition**
- **Local Inpatient MH**
- **Peer run business**
- **Additional psychiatrists and therapists**
- **Support services for people who do not meet MHDD criteria**
- **More effective sharing and utilization of data related to services provision**
- **Reduced rules and paperwork related to service provision so that more time could be spent with people and more effective services provided.**
- **Shelter and housing for homeless**

PRIORITY ISSUES:

- § **More Money to fund programs/Educate Legislators**
- § **More supported employment opportunities**
- § **Transitional vocational opportunities**
- § **More job opportunities**
- § **Reduced rules and paperwork related to service provision so that more time could be spent with people and more effective services provided.**
- § **Transportation local and to medical appointments out of town**
- § **24 hour MH crisis triage**
- § **Improved hospital to community transition**

PRIORITIZED:

Top Issues

**More Money to fund programs. Need to Educate
Legislators**

**More supported employment opportunities
Transitional vocational opportunities
More job opportunities**

**Reduced rules and paperwork related to service
provision so that more time could be spent with
people and more effective services provided.**

**24 hour MH crisis triage
Improved hospital to community transition**

GOALS & OBJECTIVES

Goal 1: Educate legislators on systems issues in order to obtain sufficient funding for MH/DD services.

Objective 1: Develop a legislative advocacy committee, with the purpose of coordinating educational opportunities with the legislators in mind.

Action Steps:

1. Plan and implement an annual Legislative Dinner – annually
2. Plan and implement an annual Legislative Forum.
3. Plan and implement a day to show legislators the services provided locally.
4. Educate families, people with disabilities, and providers on how to advocate to their legislators.
5. Publicize established advocacy days, held at the Capitol.

Objective 2: Develop information to use when advocating to legislators and others for sufficient funding.

Action steps:

1. Gather statistics from local entities (ie: hospital, corrections, county, providers, etc.).
2. Share the information on evidence-based practices.
3. Share outcomes of services provided, demonstrating their impact and the need for continued/increased funding.

GOAL 2: Individuals will successfully transition to community living after being discharged from the hospital.

Objective 1: Develop and/or utilize appropriate community supports.

Action steps:

A committee will be appointed to ensure the following tasks are completed

1. Berryhill Center for Mental Health will offer the Day treatment program whenever hospitals call for appointments for a client being discharged. Ongoing
2. Develop a resource packet to be distributed to hospitals and patients generally used by clients. Delivered personally to appropriate hospital personnel, one sheet format by 9/3/09 –
3. Providers will see discharged patients within seven days.
4. Get the NAMI group going again for both consumers and families.

5. Develop Friendship Center hotline.

Objective 2: Options will be available to individuals other than inpatient hospitalization.

Action steps:

1. A 24 hour a day seven days a week mental health crisis triage plan will be developed for a county-wide crisis system by 6/30/10.
2. The Berryhill Center for Mental Health will discuss grant options with Trinity Regional Medical Center's grant writer.

Goal 3: Employers and the community are educated on an untapped resource, unemployed and underemployed people with disabilities that is available in our community.

Objective 1: Develop and deliver educational opportunities for employer through presentations to service groups.

Action steps:

1. Utilize provider websites to educate and inform employers and the public about advantages and benefits of employing persons with disabilities.
2. Include one or more consumers who have been successful in employment in presentations to employers.
3. Include one or more employers who have experienced success with employing people with disabilities.

Objective 2: The local Employment Coalition will educate the general public on positive employment experiences businesses have had in hiring persons with disabilities.

Action steps:

1. Educate the community about the availability and success and benefits of employing people with disabilities through ongoing newspaper articles and presentations.

Objective 3: Collaboration and coordination of education, employers, and adult service providers to assist in transition from school to work for students with disabilities.

Action steps:

1. Develop a committee comprised of employers, educators, and providers to educate and collaborate with each other.

GOAL 4: Reduce administrative rules/paperwork for programs so more time can be spent with the person. (This is a novel idea!)

Objective 1: To reduce unnecessary and redundant paperwork.

Action steps:

1. Advocate for “single plan” used statewide by case managers and providers.- ongoing
2. Provide regular possibly by-monthly training for providers in the county regarding rules, regulations and methods.
3. Investigate and promote an integrated technology system for providers and funders with possible access to ISIS for providers.
4. Advocate and seek changes to requirements for quarterlies with the possibility of utilizing case notation as part of the quarterly report.

Objective 2: Move services that are not medical in nature to block grant rather than Medicaid.

Action steps:

1. Educate State Legislators regarding the wasted dollars and time due to excessive and duplicate paperwork.
2. Educate State Legislators who can lobby US Congressmen regarding the need to increase block grant dollars (TXX dollars) for non-medical programs.

Covered Services and Supports by diagnosis

Chart of account codes

Webster County funding is provided for brain injury services to people with a BI diagnosis who were grandfathered in with the first MH/DD Management plan in 1996. Services provided to those individuals are listed under the DD category.

SERVICE	MI	CMI	MR	DD
4x03 Information and Referral	X	X	X	X
4x04 Consultation	X	X	X	X
4x05 Public Education Services	X	X	X	X
4x06 Academic Services		X	X	X
4x11 Direct Administrative.	X	X	X	X
4x12 Purchased Administrative	X	X	X	X
4x21- 374 Case Management- Medicaid Match.		X	X	X
4x21- 375 Case Management -100% County Funded/ISAC Tech. Assist		X	X	X
4x21- 399 Other.				
4x22 Services Management.	X	X	X	X
4x31- 354 Transportation (Non-Sheriff).	X	X	X	X
4x32- 320 Homemaker/Home Health Aides	X	X	X	X
4x32- 321 Chore Services	X	X	X	X
4x32- 322 Home Management Services	X	X	X	X
4x32- 325 Respite.		X	X	X
4x32- 326 Guardian/Conservator. (Attorney Fees for application only)		X	X	X
4x32- 327 Representative Payee		X	X	X
4x32- 328 Home/Vehicle Modification			X	
4x32- 329 Supported Community Living		X	X	X
4x32- 399 Other Waiver		X	X	X
4x33- 345 Ongoing Rent Subsidy.		X	X	X
4x33- 399 Other		X	X	X
4x41- 305 Outpatient	X	X	X	X
4x41- 306 Prescription Medication. (must apply for patient assistance—see medication list in appendix	X	X	X	
4x41- 307 In-Home Nursing		X	X	X
4x41- 399 Other		X	X	X
4x42-301 Outpatient Evaluation	X	X	X	X
4x42- 305 Outpatient Therapy	X	X	X	X
4x42-306 Outpatient Med Management	X	X	X	X
4x42- 309 Partial Hospitalization.	X	X	X	X
4x42-307 outpatient nursing/ med. Set-up	X	X		
4x42- 399 Other				
4x43- Evaluation	X	X	X	X
4x44- 363 Day Treatment Services		X		
4x44- 396 Community Support Programs		X	X	
4x44- 397 Psychiatric Rehabilitation /ACT		X		
4x44- 399 Other	X	X	X	X

SERVICE	MI	CMI	MR	DD
4x50- 360 Sheltered Workshop Services		X	X	X
4x50- 362 Work Activity Services		X	X	X
4x50- 364 Job Placement Services.		X	X	X
4x50- 367 Adult Day Care		X	X	X
4x50- 368 Supported Employment Services		X	X	X
4x50- 369 Enclave		X	X	X
4x50- 399 Other Waiver		X	X	X
4x63- 310 Community Supervised Apartment Living Arrangement (CSALA) 1-5 Beds		X	X	X
4x63- 314 Residential Care Facility (RCF License) 1-5 Beds		X	X	X
4x63- 315 Residential Care Facility For The Mentally Retarded (RCF/MR License) 1-5 Beds			X	
4x63- 316 Residential Care Facility For The Mentally Ill (RCF/PMI License) 1-5 Beds		X		
4x63- 317 Nursing Facility (ICF, SNF or ICF/PMI License) 1-5 Beds				
4x63- 318 Intermediate Care Facility For The Mentally Retarded (ICF/MR License) 1-5 Beds			X	X
4x63- 329 Supported Community Living		X	X	X
4x63- 399 Other 1-5 Beds.				
4x64- 310 Community Supervised Apartment Living Arrangement (CSALA) 6-15 Beds				
4x64- 314 Residential Care Facility (RCF License) 6-15 Beds		X	X	
4x64- 315 Residential Care Facility For The Mentally Retarded (RCF/MR License) 6-15 Beds			X	
4x64- 316 Residential Care Facility For The Mentally Ill (RCF/PMI License) 6-15 Beds		X		
4x64- 317 Nursing Facility (ICF, SNF or ICF/PMI License) 6-15 Beds				
4x64- 318 Intermediate Care Facility For The Mentally Retarded (ICF/MR License) 6-15 Beds			X	X
4x64- 399 Other 6-15 Beds..		X	X	
4x65- 310 Community Supervised Apartment Living Arrangement (CSALA) 16 and over Beds		X	X	
4x65- 314 Residential Care Facility (RCF License) 16 and over Beds		X	X	
4x65- 315 Residential Care Facility For The Mentally Retarded (RCF/MR License) 16 and over Beds			X	
4x65- 316 Residential Care Facility For The Mentally Ill (RCF/PMI License) 16 and over Beds		X		
4x65- 317 Nursing Facility (ICF, SNF or ICF/PMI License) 16 and over Beds				
4x65- 318 Intermediate Care Facility For The Mentally Retarded (ICF/MR License)			X	X
4x65- 399 Other 16 and over Beds..		X	X	
4x71- 319 Inpatient/State Mental Health Institutes	X	X	X	
4x71- 399 Other				
4x72- 319 Inpatient/State Hospital Schools			X	X
4x72- 399 Other.				
4x73- 319 Inpatient/Community Hospital	X	X	X	
4x73- 399 Other				
4x74- 300 Diagnostic Evaluations Related To Commitment.	X	X	X	X
4x74- 353 Sheriff Transportation	X	X	X	X
4x74- 393 Legal Representation for Commitment	X	X	X	X
4x74- 395 Mental Health Advocates	X	X		
4x74- 399 Other				

ACTUAL PROVIDER NETWORK:

Provider Name	Provider Address1	Provider Address2	City	State
Abbe Center for Community Mental Health	520 11th St NW		Cedar Rapids	IA
Abilities Unlimited, Inc.	210 Willis		Perry	IA
Adults, Inc.	3420 University Ave		Waterloo	IA
Adults, Inc.	16 E Main Suite 290		Marshalltown	IA
Auxi Health	1109 Hwy 18 E	PO Box 638	Algona	IA
Broadlawn Medical Center	1801 Hickman Road		Des Moines	IA
Calhoun County Dept. of Health	501 Court St		Rockwell City	IA
Cass, Inc.	1406 SW 7th St	PO Box 431	Atlantic	IA
Center Associates	9 N 4 Ave		Marshalltown	IA
Century Cab, Inc.	1100 Center Point Rd. NE	PO Box 2714	Cedar Rapids	IA
Children & Families of Iowa - Fort Dodge	1728 Central Ave Suite 10		Fort Dodge	IA
Children & Family of Iowa	1111 University		Des Moines	IA
Christian Opportunity Center	PO Box 347	1553 Broadway	Pella	IA
Christensen, Judith C. LLC	809 Central Ave. Suite 420		Fort Dodge	IA
Comprehensive Systems, Inc.	1700 Clark St.	PO Box 457	Charles City	IA
Crest Services/American Baptist Homes	3031 Merle Hay Road		Des Moines	IA
Des Moines MTA Systems	1100 MTA Lane		Des Moines	IA
Easter Seals Iowa	2920 30th St		Des Moines	IA
Duncan Heights	1465 Highway 18		Garner	IA
Exceptional Opportunities	PO Box 99		Burt	IA
Exceptional Persons	PO Box 4090		Waterloo	IA
Friendship Haven Daycare Services	420 Kenyon Road		Fort Dodge	IA
Gannon Center - Clinton	638 S Bluff		Clinton	IA
Gannon Center - Dubuque	200 Mercy Dr		Dubuque	IA
Genesis Mental Health Associates LLC	1218 Central Avenue		Fort Dodge	IA
Genesis Development	PO Box 327		Boone	IA
Good Connections	1109 Division St		Boone	IA
Goodwill Industries of NE Iowa	2640 Falls Ave		Waterloo	IA
Goodwill Industries of SE Iowa	PO Box 1696		Iowa City	IA
Goodwill Industries, Inc.	PO Box 1438		Sioux City	IA
Grossnickle, Kaye M., ARNP	809 Central Ave. Suite 420		Fort Dodge	IA
Hancock County Homemaker Health Aide agency	545 State Street		Garner	IA
Home Care Services	2360 Nantucket Road		Adel	IA
Home Instead Services	234 Hwy 6		Waukee	IA
HCI Howard Center, Inc.	1319 Early St		Sac City	IA
Humboldt Workshop	21 Taft St	PO Box 587	Humboldt	IA
Kathleen's Care, Inc.	PO Box 279		Emmetsburg	IA
Mainstream Living	PO Box 1608		Ames	IA
Lincoln Mental Health	809 Central Avenue Suite 420		Fort Dodge	IA
MIDAS/DART Council of Governments	530 1 Ave S		Fort Dodge	IA
Mosaic, Inc.	730 S Main	PO Box 484	Osceola	IA
NCSW - Vocational Services	127 Ave M		Fort Dodge	IA

New Hope Village	PO Box 887		Carroll	IA
New Perspectives	300 S Martha St		Sioux City	IA
North Central Human Services, Inc.	235 E Main	PO Box 235	Belmond	IA
North Central Iowa Mental Health Center	720 S Kenyon Road		Fort Dodge	IA
North Iowa Vocational Center	1225 S Harrison Ave	PO Box 428	Mason City	IA
Northwoods Living	1470 21 Ave N		Fort Dodge	IA
Opportunities Unlimited	3439 Glen Oaks Blvd.		Sioux City	IA
Opportunity Living, Inc.	1890 E Main		Lake City	IA
Opportunity Village	PO Box 622		Clear Lake	IA
Park Place	114 E Green St		Glenwood	IA
Plymouth Life	1240 Lincoln St. NE		LeMars	IA
Prabhakar Pisipati, M.D.	212 23 Ave N		Clinton	IA
Progress Industries	1017 E 7 St N	PO Box 1449	Newton	IA
Psychiatry Assoc. of NE Iowa, PC	148 West Dale St		Waterloo	IA
Psychiatry, Lee & Associates	804 Kenyon Road	Phys.Off.Bldg.Ste.L 1	Fort Dodge	IA
Richmond Center	125 S Third	Suite 200	Ames	IA
Seasons Center	201 E 11 St		Spencer	IA
Siouxland MHC	PO Box 1917	625 Court St	Sioux City	IA
Spectra Health Care	5726 120th Ave		Storm Lake	IA
Story County Development Center	1200 McCormick	PO Box 1608	Ames	IA
Trans Iowa, L.C.	1710 Guthrie Ave, Suite V		Des Moines	IA
Trinity Regional Hospital	1200 Pleasant St		Des Moines	IA
Ultimate Nursing Services	3305 109th St		Urbandale	IA
Union Cab Co.	1821 3 Ave N		Fort Dodge	IA
Village N.W. Unlimited	330 Village Circle		Sheldon	IA
Wesco Industries	415 S 11 St		Denison	IA
Partnership for Progress, Inc. dba Willow Heights	60191 Willow St		Atlantic	IA
Trinity Regional Hospital - Behavioral Health Unit	802 Kenyon Road		Fort Dodge	IA
Iowa Central Industries aka LifeWorks	127 Ave M		Fort Dodge	IA
Judith C. Christensen, LLC	809 Central Ave. Suite 420	PO Box 401	Fort Dodge	IA

ACCESS POINTS:

An access point is a doorway to services. The access point completes the application for funding. Any person or agency can be an access point to apply for funding for MH/MR/DD services. An application for funding is on our website at webstercountyia.org. Anyone can complete the application, email it to us, fax it to us at 515-573-1487, mail it to our office at 723 1st Avenue South, Fort Dodge, or bring the application to our office. Applications are also available at the office. Once an application is received, an appointment is scheduled with applicant or his or her guardian to determine eligibility for funding.