

Webster County Disabilities Alliance

Webster County Vision Mental Health/Developmental Disabilities System

- The system is inclusive of all regardless of age, disability, and financial status.
- Supports, services, and facilities are accessible to all.
- Consumers are empowered!
- Families are supported and involved!
- The community is aware of and educated about people with disabilities.
- Consumers are valued members of the community.
- Volunteers are a part of the system!
- Providers are communicating and working together.
- All individuals can live and receive the services and support they want and need in their community.
- Adequate financial resources are available to meet needs.

CURRENT GOALS:

Strategic Plan Goals/Objectives/Action Steps for FY 07,08,09

Resource Goal: COMPLETED by 6/30/09

1. A building of adequate size and accessibility to meet the needs of Webster County

SERVICES GOAL: (IN various stages of completion)

Services and supports available in Webster County will be developed and/or improved in such a manner that they are readily available to consumers, include consumer needs and preferences in their process, and are based on the principles of community choice and empowerment.

Objective 1: There will be improved collaboration between Webster County, mental health providers, and law enforcement.

Objective 2: Improved treatment services will be developed for individuals with comorbid mental health and substance abuse disorders.

Objective 3: There will be an increase in the number of psychiatrists, psychiatric nurse-practitioners, and psychiatric physician assistants in the community. This will be for both adult and child/adolescent mental health.

Objective 4: Psychiatric medications will be available at an affordable cost to consumers who need them.

Objective 5: Emergency response providers will continue to work together to ensure appropriate responses to a variety of emergencies are available and readily accessible.

Objective 6: A Committee will be developed to study services necessary and possible for individuals with brain injury to better enable consumers to be integrated into the life of the community.

Objective 7: Explore the Independent Living Center model of providing peer-based advocacy, referrals, group education and support services.

Objective 8: Current accurate data about strengths and needs in the county will be gathered through a communitywide needs assessment.

Vocational Goals: Continue to work on this with a change of focus

Goal 1: Employers' are educated about an untapped resource, unemployed and underemployed people with disabilities, that is available in our community to meet current and developing workforce shortages of qualified workers.

Objective: In conjunction with the local Employers Network, to develop and deliver educational opportunities for local employers on hiring/employing people with disabilities.

Goal 2: Develop relationships and partnerships with local employers.

Objective: Assist local businesses to understand people with disabilities from a customer service standpoint.

Goal 3: The local employment coalition will educate the general public on positive employment experiences businesses have had when hiring people with disabilities.

Objective: Submit articles for publication, telling of a positive experience a local employer had when employing a person/persons with disabilities.

Education Goal: Create community by building bridges and eliminating barriers.

Objective 1: The education committee will continue to provide a variety of educational resources to the community, providers, and people with disabilities.

Objective 2: The education committee will identify cultural and recreational opportunities in the community and will inform people who utilize services of these opportunities.

Housing Goal: Consumers will have housing that enhances their quality of life.

Objective 1: In partnership with other organizations in the community, information regarding the need in the community for permanent low-income housing, permanent supportive housing, transitional housing, shelter, and other levels of

community living will be gathered and analyzed.

Objective 2: The community will understand the housing needs of persons with disabilities.

Objective 3: Consumers and providers are informed of any proposed housing development projects, so they can have meaningful input into the development process and in order to increase their understanding of relevant requirements.

Objective 4: Landlords will understand the requirements of the relevant housing program.

Transportation Goal:

Low-cost, easily accessible transportation will be available nights and week-ends.

Objective 1: People with disabilities will be able to access transportation when they have a need or desire to do so.

NEEDS ASSESSMENT:

Resources currently available in Webster County:

Mental Health:

Berryhill Center for Mental Health – Assertive Community Treatment, Day treatment, outpatient mental health services, evaluations

Psychiatry, Lee & Associates – outpatient mental health services, evaluations

Children & Family Services of Iowa

Catholic Social Services

Lutheran Family Services

Lutheran Services in Iowa

Genesis Mental Health

Lincoln Mental Health

Mid-Iowa Therapy

Youth Shelter

Four Oaks Day Treatment

Veteran Affairs MH Clinic

Residential/ support services:

Supported Community Living (hourly and 24 hour service)

Respite services

Housing programs - HUD programs

Residential care facilities

ICF/MR facilities

Rabiner Treatment Center

Vocational Services:

Iowa Vocational Rehabilitation Services
Community employment/employers
Sheltered Workshop
Workforce Development
Temporary employment agencies
LifeWorks Community Services
Northwoods Living
Rabiner Treatment Center

Public Transportation:

DART
Taxi
Guardian Angels (volunteer drivers)

Education:

AEA
Schools
Iowa Central Community College
Bridges program through the school

Support Services:

Friendship Center
Webster County Disabilities Alliance
Case Management
YMCA, YWCA
Upper Des Moines – food pantry, energy assistance
Food pantries – Lord's cupboard
Clothes closet
DSAOC
Salvation Army
Mentor program through Bridges
DHS
Legal Aid
Clergy
Webster Co. Relief
Planned Parenthood
Social Security
Veteran benefits/clinic
Churches/Clergy
ISU Extension office
Our legislators
Iowa Protection and Advocacy
United Way
Families
Service clubs
The Key on Central

School to Work Program through Schools
Adult Day Care
Day Activities
Financial Management Services – Tax Prep., Rent Reimbursement
Heat Assistance - UDMO

Recreation:

Parks & Recreation
YMCA
Public Library
Blanden Art Gallery
Hawkeye Community Theater
Comedia Musica Players
ICCC Theater
Bowling league
Gowrie Roller Skating rink
Sunshine Singers
Choral Society
Harmony Brigade
Community events

Substance abuse treatment:

AA, NA, Al-a-non, Al-a-teen
CFR: residential, detox, outpatient, co-occurring residential, co-occurring outpatient, co-occurring housing, STARS program
Berryhill Center for Mental Health
YWCA
Dual Recovery Anonymous
Mom's off Meth

Elderly Services:

Nursing homes for the elderly
Elderbridge
Senior Citizens Center
Meals on wheels
Assisted Living

Health care:

Public Health
Community Health Center
North Central Home Care
Iowa Care program
Trinity Regional Medical Ctr.
Veteran Affairs
Medication Management

Child Specialty Clinic

Kids Services:

Youth Shelter
Rabiners Treatment Center
Mid-Iowa Therapy

Law Enforcement:

Probation/parole officers
Police Department
Sheriff Department
Judges
Fort Dodge Comm. Correctional

WHAT DO WE NEED in Webster County?

- **More Money to fund programs**
- **More sidewalks and better roads**
- **Healthy places for people to hang out**
- **Support group for families with MH needs**
- **More supported employment opportunities**
- **Transitional vocational opportunities**
- **More job opportunities**
- **Transportation local and to medical appointments**
- **24 hour MH crisis triage**
- **Improved hospital to community transition**
- **Local Inpatient MH**
- **Peer run business**
- **Additional psychiatrists and therapists**
- **Support services for people who do not meet MHDD criteria**
- **More effective sharing and utilization of data related to services provision**
- **Reduced rules and paperwork related to service provision so that more time could be spent with people and more effective services provided.**
- **Shelter and housing for homeless**

PRIORITY ISSUES:

- § **More Money to fund programs/Educate Legislators**
- § **More supported employment opportunities**
- § **Transitional vocational opportunities**
- § **More job opportunities**
- § **Reduced rules and paperwork related to service provision so that more time could be spent with people and more effective services provided.**

- § Transportation local and to medical appointments
- § 24 hour MH crisis triage
- § Improved hospital to community transition

PRIORITIZE:

Votes

Top Issues

- | | |
|----|---------------------------------------------------------------------------------------------------------------------------------------------|
| 15 | More Money to fund programs. Need to Educate Legislators |
| | More supported employment opportunities |
| 9 | Transitional vocational opportunities
More job opportunities |
| 12 | Reduced rules and paperwork related to service provision so that more time could be spent with people and more effective services provided. |
| | 24 hour MH crisis triage |
| 12 | Improved hospital to community transition |

Next meeting: Thursday, February 5 at 3:30 p.m. conference room/lower level Bank of American Building

We will develop goals/objectives/and action steps for the following:

1. More Money to fund programs/educating legislators
2. Transitional vocational opportunities/job opportunities
3. Reducing administrative rules/paperwork for programs so more time can be spent with the person.
4. Improving hospital to community transition/24 hour MH crisis triage