



Webster County CONNECTION

APRIL 2014

A Newsletter for Employees of Webster County, IA

WELCOME NEW EMPLOYEES!

Please join us
in welcoming:

Katherine Palmer
Home Health RN,
Public Health

Chris Choquette
Park Ranger Intern,
Conservation

Shelley Napier
Collections Clerk,
County Attorney

Keeping Track of Wellness Program Activities

Attention FT employee health insurance participants! By logging in at www.mywellmark.com, you can go to your “Wellness Center”. This is where you complete the Wellness Assessment (one of the activities). Within the wellness center is a heading titled “Rewards”. It is in the Rewards section that employees can track the activities they have completed. A section on the right of the screen shows how many activities you have completed and earned a \$50 reward for. Each activity you complete earns you \$50 toward a maximum \$250 gift card, to be received in early December!

So far, the potential number of activities an employee could have completed is three:
Live Healthy Iowa (program ended 4/6/14)
Preventive Exam (can be completed anytime between Jan. 1—Oct. 31, 2014)
Online Wellness Assessment (can be completed anytime before Oct. 31, 2014)

Right now, we are in week 5 of Tasty Twist, which is the 4th activity option. The 6 Degrees program will be #5 (slated for summer) and the Walking Path Program (slated for late summer / early fall) will be #6. By completing 5 of the 6 activities, you will get the entire \$250 gift card available from ISAC this year. Please do not hesitate to contact Amy Porter in Human Resources (573-1148) with any Wellness Program questions!



Job Openings

Webster County is seeking to fill the following positions:

Correctional Officers (PT—Male & Female)), Jail

Refer job seekers to the county's website for details!

Cache In Trash Out ‘Earth Day Celebration’

Earth Day is April 22nd and to celebrate, Webster County Conservation will host “Cache In Trash Out” on Saturday, April 26th at Brushy Creek’s Prairie Center from 9:00am—noon. Find “treasures”, otherwise known as caches, using GPS units. Some GPS’s will be available for use. Wear old shoes and work gloves for pulling garlic mustard and picking up trash.

Also planned for April 26 is a Wildflower Hike at Dolliver Park’s Boneyard Hollow. Join naturalist Karen Hansen for a walk in the woods learning about wildflowers, medicinal uses and local history.

Upcoming May Event: Plant Some Shade



MidAmerican Energy customers in Iowa are eligible to purchase trees for \$30 each, limited to 2 per household. Pick up day for pre-ordered trees is Thursday, May 8th from 3-6pm at Kennedy Park. Advanced purchase is required. Tree species available are: Red Oak, Bur Oak, Glenleven Littleleaf Linden, River Birch, Norway Spruce and Luscious / Summercrisp Pear trees. Get an order form at: <http://www.webstercountyia.org/Conservation/Forms/PlantSomeShadeOrderForm.pdf>.

Lunch & Learns May 7th: Stress, Mental Health & Exercise

Plan to join the Wellness Committee in welcoming Matt Hanson from the Fort Dodge Rec Center to Webster County on Wednesday, May 7th. He will discuss the benefits of regular exercise as it relates to reducing stress and improving mental health. These lunch and learn sessions are completely voluntary, and therefore must be attending during an unpaid lunch break.

Webster County will provide a lunch and beverage. Choose from two sessions: 11:30am and 12:30pm.

Attendance is limited to the first 25 employees who register for each session. Please register for a session by calling Amy Porter at 573-1148 or by email: aporter@webstercountya.org.



Safety Humor

Safety is a major concern at the manufacturing company where Sam works. So he's constantly preaching caution to the workers he supervises. 'Does anyone know,' he asked a few guys, 'what the speed limit is in our parking lot?' The long silence that followed was interrupted when one of them piped up. 'That depends. Do you mean coming to work or leaving?'



Service Anniversaries

We would like to recognize the following employees for their years of service to Webster County as of April 2014. We're very fortunate to have all of you! We appreciate your service, loyalty and dedication.

42 years:	Danny Hammersland , Secondary Roads
28 years:	Marsha Royster , Public Health
26 years:	Kris Rial , Auditor
25 years:	Vickie Claude , Child Support Recovery
23 years:	Kevin Kruse , Sheriff Deputy
22 years:	Karen Hansen , Conservation
20 years:	Luke Fleener , Sheriff Deputy
17 years:	Peggy Gimer , Child Support Recovery
16 years:	Pat Shehan , Conservation
7 years:	Jennifer Wuebker , Public Health
6 years:	Tim Vannoni , Secondary Roads
2 years:	Andy Stanberg , Conservation
1 year:	Alyssa Sparks , Child Support Recovery Amy Stringer , Sheriff Deputy Emily Johnson , Jail Tanya Martinson , Community Services Matt Valentine , Jail



Sun.
May
11th

Schedule of Events

- * 4/18—**Good Friday** (1/2 day holiday for most Webster County employees)
- * 4/20—Easter Sunday
- * 4/21—Board of Adjustment, 5pm
- * 4/22—Board of Supervisors Meeting, 10am
- * 4/29—Board of Supervisors Meeting, 10am
- * 5/6—Board of Supervisors Meeting, 10am
- * 5/7—Lunch & Learns with Matt Hanson, FD Rec, 11:30 & 12:30
- * 5/11—Mother's Day
- * 5/17—Armed Forces Day

April—May 2014

Sun	Mo	Tue	We	Th	Fri	Sat
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17