



Webster County CONNECTION



DECEMBER 2014

A Newsletter for Employees of Webster County, IA

**WELCOME
NEW
EMPLOYEES!**

**COMMUNITY
SERVICES:**

Deborah Schmehr,
Case Manager

PUBLIC HEALTH:

Karli Ludwig-Payer,
Dental Hygienist

COUNTY ATTORNEY:

Brad McIntyre,
Attorney

2015 Wellness Program and LHI Kick-Off **Watch for announcements in January**

Please join us at employee meetings in January to learn about the new Wellness program for 2015. Since Wellmark and ISAC have transitioned to a calendar year, once again employees will be able to complete program options between January 1 and October 31, 2015. Representatives from Webster County's wellness committee (and possibly Wellmark) will conduct the meetings and be able to answer any questions you may have about the new program. This program is based on the number of completed activities. Activities offered range from preventive exams, wellness assessments, 2 TAVi programs, Live Healthy Iowa, Burst Your Thirst and 1-2 additional programs offered by the wellness committee.

How does the program differ from 2014?

Employees may again earn gift cards up to \$250. Completion of BOTH the online wellness assessment and a preventive exam will earn employees a \$100 gift card. To receive the \$100 the employee must complete both an exam and an online assessment. To encourage use of www.mywellmark.com, preventive exams may now only be self-reported by the employee through the website. Completion of activity programs will earn employees an additional \$50 gift card for each program completed, up to \$150. Employees will receive gift cards in the mail as activities are completed and are earned throughout the year.

The meetings will also kick off registration for the first wellness program offering, Live Healthy Iowa! This program, which runs Jan. 26-Apr. 3, is a team based wellness challenge which tracks activity minutes or weight loss. Start forming your team of 2-10 people now! You will need a team captain, all members' email addresses, t-shirt sizes and registration fee of \$20 per person (due to the number of alternate options, this fee will not be reimbursable by the wellness committee this year).



Ryan Baldrige, on your appointment to First Assistant County Attorney.

Judy Cosgrove, on your retirement Dec. 31st after 31 years of service!

Margaret Woodruff, on your retirement Jan. 6 after 13 years of service!

Webster County Hosts Blood Drive

Webster County will be hosting a blood drive on **Tuesday, January 20th from 10am-2pm** in the Courthouse 1st floor conference room. The Blood Center of Iowa will be ready to assist you in making a life-saving donation. Please consider being a donor—they desperately need 25-35 donors to participate, including 2-3 to give a double red cell donation.

Things to consider before giving blood: 1) Blood donation can only occur every 8 weeks (every 16 weeks for double red). 2) Get a good night's sleep before donating. 3) Do not donate on an empty stomach. 3) Drink plenty of fluids. Click on "Schedule a Donation" at <http://www.lifeservebloodcenter.org> to schedule your donation time! Questions may be directed to Andy McGill, MIS, at 515-955-2030 or amcgill@webstercountyia.org. Thank you!





Service Anniversaries

We would like to recognize the following employees for their years of service to Webster County as of Dec. 2014. We're very fortunate to have all of you! We appreciate your service, loyalty and dedication.

- 30 years: **Dave Scherff**, Conservation
- 27 years: **Lori Owen**, Assessor
- 19 years: **Randy Wood**, Secondary Roads
- 15 years: **Jamie Saxton**, Public Health
- 10 years: **Ron Fisher**, Secondary Roads
- 7 years: **Ryan Weidemann**, Engineer
Geoff Miller, Sheriff Deputy

WC Babies!

Sarah Feldmann, Community Services, and husband **Joey** welcomed son **Carter Raymond** on December 22nd. He was 20 inches long and weighed 7 lbs. 14 oz.



Congratulations!

WC Babies!

Erin Ford, Conservation, and husband **Justin** welcomed daughter **Lillian Michael** on September 21st. She was 19.5 inches long and weighed 7 lbs. 1-1/4 oz.



Congratulations!



Schedule of Events

- * 12/27—Board of Supervisors Meeting, 10am
- * 1/1—**New Year's Day**
- * 1/6—Board of Supervisors Meeting, 10am
- * 1/8—**Leadership Fort Dodge class visits the courthouse**
- * 1/13—Board of Supervisors Meeting, 10am
- * 1/20—Board of Supervisors Meeting, 10am
- * 1/20—**Webster Co. Blood Drive, 10am-2pm**
- * 1/27—Board of Supervisors Meeting, 10am

Dec 2014-Jan 2015

Su Mo Tue We Th Fri Sat

28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31