



# Webster County CONNECTION

SEPTEMBER 2015

A Newsletter for Employees of Webster County, IA

## WELCOME NEW EMPLOYEES!

Please join us in welcoming the following employees to Webster County Public Health:

**Martha Shaw**  
Dental Hygienist

## Webster County Wellness Program Year Ends Oct. 31



It's hard to believe we are only a little over a month away from the end of the 2015 Wellness Program. The program officially ends October 31, 2015. The current County premium incentive percentage is 5 % (average pts per participant through August is 3.92), resulting in a discount so far of 5% on 2016-17 premiums! All FT health participants who have completed at least 4 wellness programs or activities by Oct. 31 will be invited to a big celebration on Monday, November 16th at Kennedy Park. The celebration will include a catered meal, guest speaker Gavin Jerome the "Morale Mechanic" and tons of prizes!

There are three things left that you can do to ensure an invitation to the Webster County Wellness Celebration on November 16th:

- Complete the current program "LOL" and submit LOL Scorecard by Sept. 30 to HR.
- Complete the online Wellness Assessment at [www.mywellmark.com](http://www.mywellmark.com)!
- Self-report your preventive exam, it is easy - all you need to do is go to the rewards page of the wellness center at [mywellmark.com](http://mywellmark.com) and submit the date of the exam.

Once you've logged in, you should see "[your name], welcome to your personal health site". Then, go to the Wellness Center by clicking on "Visit the Wellness Center" in the box near the bottom of the page titled Wellness Center. The box has a gold heading. That should take to you Wellmark Wellness Center powered by WebMD.

Click on the tab at the top titled "Rewards".

Scroll down to the Activity section – here you will see blue Congratulations banners on the activities you have completed. You can self-report your preventive exam here by clicking on Keep Earning / In Progress, clicking on "I Did This" and entering the service date. Any questions while you're in there, just give me a call!

## Public Health to Offer Drive-Thru Flu Shot Clinic

Don't get stuck in bed with the flu this season! Be proactive and get a flu shot to protect yourself and your co-workers from getting a bug. Walk, run, bike or even drive! Webster County Public Health will be hosting their 6th Annual Drive-Thru Flu Clinic on:

**Saturday, September 26th** from 9:00am to 11:00am

Webster County Health Department

723 1st Avenue South (south side of bank building)

If you have health insurance through the County's ISAC / Wellmark plan, Medicare or Medicaid, please bring a copy of your insurance card with you. If you do not have insurance coverage, there will be a \$25 fee. Flu Clinics on site specifically for County **employees and their family members** will be held at a later date. For more information, call 515-573-4107.

Get your Flu Shot!



**ATTENTION EMPLOYEES:  
IMWCA'S ONLINE UNIVERSITY IS  
UNDER CONSTRUCTION. DO NOT  
ATTEMPT TAKING YOUR ONLINE  
COURSES UNTIL LATER NOTIFIED.  
THANK YOU!**



### Calendar of Events

- \* 9/22—Board of Supervisors Meeting, 10am
- \* 9/23—Autumn Begins
- \* 9/29—Board of Supervisors Meeting, 10am
- \* 10/6—Board of Supervisors Meeting, 10am
- \* 10/12—Columbus Day
- \* 10/13—Board of Supvrs Meeting, 10am
- \* 10/16—National Boss' Day
- \* 10/20—Board of Supvrs Meeting, 10am
- \* 10/27—Board of Supvrs Meeting, 10am



## Service Anniversaries

We would like to recognize the following employees for their years of service to Webster County as of Sept. 2015. We're very fortunate to have all of you! We appreciate your service, loyalty and dedication.

- 27 years: **Kim Andrews**, Treasurer
- 24 years: **Rick Junkman**, Secondary Roads
- 19 years: **Kathy Josten**, Public Health  
**Kathy Stoneburner**, Public Health
- 17 years: **Jason Bahr**, Deputy  
**Wendy Teske**, County Attorney
- 16 years: **Dawn Gehlhausen**, Public Health
- 10 years: **Renee Ryan**, Jail
- 9 years: **Melissa Nelson**, Jail
- 8 years: **Laura Geist**, Auditor
- 5 years: **Anita Walstrom**, Auditor
- 4 years: **Jacob Stewart**, Secondary Roads
- 3 years: **Tami Birdsell**, Public Health  
**Lindsay Kavanaugh**, Public Health  
**Jennifer Chance**, Public Health
- 2 years: **Alisha Edman**, Public Health  
**Haley Howell**, Public Health  
**Rebecca Jones**, Public Health  
**Courtney Ubben**, Public Health  
**Monica Hamilton**, Public Health  
**Jenna Carlson**, Child Support Recovery
- 1 year: **Jesse Albrecht**, Treasurer

## Kennedy Park to Host 50th Birthday & Fall Park Festival

Join the Kennedy Park staff for a fun celebration honoring Kennedy Park's 50th Birthday, Trails Celebration and annual Fall Park Festival on Sunday, October 11th!

This is a free event, with several outdoor activities planned starting at 3:00pm. Outdoor activities from 3-6pm include:

- Target Practice with— bow and arrow, BB guns, slingshots, tomahawks and atlatl darts
- Water Activities—kayaking, canoeing, dragon boat rides and fishing
- And More!...Live Owls from SOAR, Insect Zoo from ISU, Geocaching, Hayrack Rides, Scavenger Hunt, Nature Center open, Live Music, Interactive Stream Table!
- Free Birthday cookies and Ice Cream cones. Concessions for sale by Noon Lions.
- A variety of things for the whole family to enjoy!

### Trail Celebration Bike Ride and Firefly 5k also!

Family Scavenger Hunt bike ride at 3:15pm—3.5 miles to Harlan Rogers Sports Complex

Adult Poker Run at 3:00pm

Prizes awarded at 5:30 to first 20 participants of Scavenger Hunt, 1st-3rd decorated bike, 1st-3rd poker ride!

