



Webster County CONNECTION

MARCH 2016

A Newsletter for Employees of Webster County, IA

WELCOME NEW EMPLOYEES!

SECONDARY
ROADS:

Tom Walsh
Clare Shed

ASSESSOR'S
OFFICE:

Wesley Ray
County Assessor

Fiscal Fitness: It Just Makes “Cents”



We have all been in a situation where our finances have caused us great stress. But rarely do we realize that this stress can lead to unhealthy behaviors like overeating or smoking and conditions like depression and anxiety. It should be a priority for each of us to get a handle on our finances and effectively manage the resources we have.

FISCAL Fitness, our latest wellness incentive program is helping several County employees pick up strategies focused on improving their bottom line and removing a great deal of the stress caused by finances. The participants are working hard to improve their financial wellness in five categories:

Saving: Putting money away for use in the future or that inevitable “rainy day.”

Protecting Your Identity: Taking steps to protect yourself from identity theft.

Investing: Finding the proper avenues for your money to grow and work for you.

Budgeting: Developing a comfortable balance between spending and saving.

Managing Costs: Consciously deciding which things are worth your purchase.

Group Health participants who successfully complete the program will receive a \$50 gift card and be entered into a prize drawing. For more info, please contact Amy in Human Resources.

Job Openings



Park Ranger Intern
(Seasonal)

OHV Park Attendant
(Seasonal)

**Officer Manager—
Conservation**
(FT)

See County website for
more information!

WC Conservation Sponsors HyVee Half & 5K

HyVee, City of Fort Dodge, and Webster County Conservation are sponsors of this year’s HyVee Half & 5K. Join them on Saturday, April 16, 2016 at the third annual Hy-Vee Half and 5K Walk/Run for JDRF!

Schedule of Events:

- 9:00 am – Half marathon starts @ Rosedale Rapids Aquatic Center
- 9:30 am – 5K walk/run starts @ Kennedy Park
- 12:00 – 1:00pm – Kid’s Fun Run Events @ Kennedy Park

What are the Entry Fees? *Half Marathon:* \$50 through March 13, \$60 through April 15. *5 Kilometer:* \$25 through March 13, \$30 through April 15. *Youth Runs* - Free!

What is the deadline for registration? Friday 11:59 pm April 3rd is the last date and time for entering the Hy-Vee Half & 5K online. In person registration will be permitted on the day of, however you would not be guaranteed a shirt or medal.

Half marathon route: The half marathon route will take advantage of the Fort Dodge trail system, almost exclusively. The 5K will take place on the Kennedy Park trail system and park grounds. For further event information and to register, please visit <http://fdhyveehalf.wordpress.com>.

Health Dept. to Offer Free Workshop in April/May

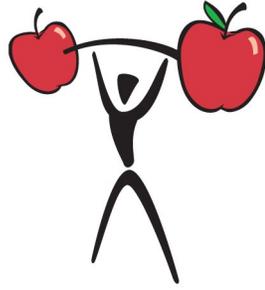
Better Choices/Better Health

FREE WORKSHOP

April 22 - May 27 (every Friday)

9:30 to 11:00 a.m.

Fort Dodge Public Library- 424
Central Avenue



The Webster County Health Department is offering a six week self management program for people with ongoing health problems such as diabetes, arthritis, high blood pressure, heart disease, cancer, chronic pain, or anxiety who are looking for better ways to manage their symptoms. This program is facilitated by trained leaders.

Topics Covered

- ◆ Exercise and nutrition
- ◆ Medication usage
- ◆ Stress management
- ◆ Talking with your doctor or health professional
- ◆ Dealing with emotions and depression

The Benefits

- ◆ Helps you regain control of your life and do the things that matter to you. You will be calmer, less worried, and more confident about managing your health.
- ◆ Helps you feel better. You will have energy to do more and get relief from your pain, fatigue and other symptoms.
- ◆ Connects you with others. You will meet new people, share what you know, and come up with new ways to address your health conditions.

Please call the Webster County Health Department at 515-573-4107 to sign up for the FREE class!

1095-C Forms

This Friday with your paycheck you may receive a 1095-C Form from Webster County. This is essentially a "W-4" for health insurance. Due to an extended deadline by the IRS, you did not need to present this to file your 2015 tax return. If you have already filed, simply file the 1095-C with this year's tax records. You should have also received a 1095-C from ISAC. Any questions, please call Amy at 573-1148.

Service Anniversaries

We would like to recognize the following employees for their years of service to Webster County as of March 2016. We're very fortunate to have all of you! We appreciate your service, loyalty and dedication.

31 years:	Dave Scherff , Conservation
28 years:	Karen Schoon , MIS
23 years:	Angie Vinson , County Assessor
20 years:	Matt Cosgrove , Conservation
18 years:	Christy Nelson , Sheriff Office
16 years:	Duane Heun , Secondary Roads
14 years:	Scott Estergaard , Secondary Roads
13 years:	Ken Hays , Community Services
12 years:	Steve (Wally) Elifrits , Jail
7 years:	LaDon Sams , Secondary Roads
5 years:	Josh Van Waes , Sheriff Deputy Elizabeth Householder , Public Health
3 years:	Derek Christie , Sheriff Deputy Cory Simpson , Jail Mike Dolata , Jail Transport Rick Nellis , Jail Transport
1 year:	Mason Gordon , Jail Transport Mike Soole , Jail



Schedule of Events

- * 3/20—Spring Begins!
- * 3/22—Board of Supervisors Meeting, 10am
- * 3/25—**Good Friday** (County Holiday PM)
- * 3/29—Board of Supervisors Meeting, 10am
- * 4/5—Board of Supervisors Meeting, 10am
- * 4/15—Kennedy Park Campground Opens
- * 4/12—Board of Supervisors Meeting, 10am
- * 4/19—Board of Supervisors Meeting, 10am
- * 4/26—Board of Supervisors Meeting, 10am