



Webster County CONNECTION

MAY 2016

A Newsletter for Employees of Webster County, IA

WELCOME NEW EMPLOYEES!

Please join us in
welcoming:

Lonnie Nichols
P & Z Administrator

Mason Jorgensen
Secondary Roads

Alex Winninger
Sheriff Deputy

Belinda Weiner
RN, Public Health

Stephanie Schrauth
RN, Public Health

Megan Sprecher
RN, Public Health

Brooke Kammerer
Family Support Worker

Joni Hefley
Office Manager
Conservation

Andrew Thoma
OHV Park Attendant

Taylor Chansler
Park Ranger Intern

Adam Moeding
Park Ranger Intern

“Unwrapped” Program Coming June 15th

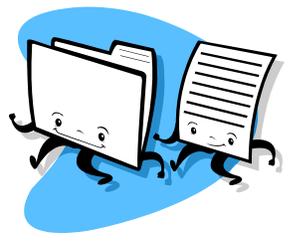
We are very close to completing our LOL wellness program, and it’s almost time to kick off the next program! Unwrapped is a 4 week program that focuses on incorporating more fruits and vegetables into your daily diet. Eat and Educates to kick off this program will be held on **Wednesday, June 15th** in the Courthouse Conference Room. Sessions will be at 11:00am, 11:45am or 12:30pm. Please email or call Amy in HR (573-1148) or aporter@webstercountya.org to register for a session.

We’ve got some fun ideas for this program, including a weekly potluck salad bar and Wacky Wednesdays, where employees can bring in a new or never tried before fruit or vegetable to share with other participants.

It used to be that five servings of fruits and vegetables were recommended for everyone, everyday. That guideline has changed. The number of fruits and vegetables you should be eating daily is now based on your age, sex, and activity level. Unwrapped seeks to help you better understand how many fruits and vegetables you should be eating each week, to provide tips and strategies to squeeze more fruits and vegetables into your day, and to inspire you to aim for more cups each week.

Open Enrollment Through June 3rd

The Open Enrollment period to submit changes to your Webster County Health Insurance plan ends effective Friday, June 3rd. This is the only time during the plan year that you may submit changes to your plan without experiencing a “qualifying event”. Please contact Amy Porter in Human Resources (#573-1148 or aporter@webstercountya.org) by June 3rd if you would like to enroll or if you need to make any changes to your Health coverage for 2015-16. You will be required to sign an election or change form. Thank you!



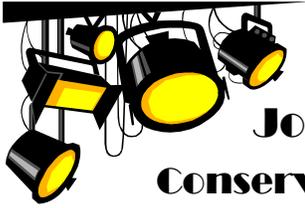
New Online University Courses Assignments

All employees will have at least five Online University courses assigned to them within the next couple of weeks, which must be completed by **November 30th**, 2016. Be watching for an email from the HR Department!

The website address for Online University is:
<http://firstnetcampus.com/IMWCA/entities/IMWCA/logon.htm>. On your “My Training” page, any courses listed with a 11/30/16 must be clicked on! If previously completed, this will RE-SET the course.



Please do NOT attempt to re-register yourself at Online University if you have forgotten your User Name and / or password. Instead, please follow the instructions on the screen or call Amy Porter in Human Resources at 573-1148 to retrieve your User ID and receive a new password. Thank you!



Get to Know...

Joni Hefley

Conservation Office Mgr.



Began working at Webster County on May 2nd, 2016. Married to Keith—we have a daughter, Shayden, who is almost 6 years old, and a son, Cooper, who is 3. We have 3 dogs, 2 horses and currently 2 bottle fed calves. I grew up in Titonka, but have been in the Fort Dodge area almost 10 years. I enjoy riding horses, pheasant hunting, camping, & chasing my busy kids!

What movie can you watch over and over?

My all-time favorite movie for as long as I can remember is "My Girl".

What is the farthest you have traveled and what did you do there?

January of 2015 I traveled out of the county for the first time to Playa del Carmen, Mexico with my sister. I was able to swim with the dolphins there and it was one of the coolest things I have ever done! I would go back in a heartbeat!

Beach, country or city?

100% without a doubt, country.

If money was never an object, what would you have studied in school?

If money AND time were never an object, I would have loved to become a veterinarian.

What chore do you secretly enjoy doing?

Don't tell my husband—but I really don't mind bailing hay and storing hay in the barn. My allergies kick in after too long, but it's a pretty good workout!

What is your all-time favorite snack?

It's a tie between watermelon and grape skittles.

Continued next column....

Has someone given you advice that you have passed along?

My mom: 1) Pick your battles and 2) Relax! I think she gave me this advice in regard to parenting, but it comes in handy in just about any situation.



Service Anniversaries

We would like to recognize the following employees for their years of service to Webster County as of May 2016. We're very fortunate to have all of you! We appreciate your service, loyalty and dedication.

- 50 years: **Bob Lauer**, Secondary Roads
- 35 years: **Kathleen Hay**, Treasurer
- 27 years: **Shelly Hearn**, Recorder
- 23 years: **LaVonne Pringle**, Child Support Recovery
- 19 years: **Marcia Vote**, Sheriff Office
- 18 years: **Andy McGill**, MIS
- 10 years: **Brian Henderson**, Engineer Office
- 9 years: **Darren Herzog**, Conservation
- 7 years: **Brandi Alexander**, Public Health
Melissa Grell, Public Health
Jennifer Peterman, Public Health
- 5 years: **Luke Hubbell**, Secondary Roads
- 4 years: **Alison Hauser**, Community Services
Brad Janssen, Conservation
- 3 years: **Mike Schreiber**, Secondary Roads
Lacey Utley, Public Health
- 2 years: **Corey Wood**, Jail
- 1 year: **Scott Forbes**, Emergency Management
Heather Perry, Jail



Sunday, June 19th

Employee Wellness Celebration Planned For November

This year, the Webster County Wellness Committee will again offer this fun new incentive to participate in the County's ISAC wellness programs! We want to reward those employees who faithfully participate in the programs offered, thereby assuring that Webster County receives the highest discount on health insurance premiums possible.

The Wellness Committee will be hosting a party! And not just any old party. This party comes with delicious catered food, TONS of great prizes and a special guest!

SAVE THE DATE!: MONDAY, NOVEMBER 14th

Social hour at 5:00, Dinner at 5:30, Guest Speaker at 6:00, followed by prizes and prizes and more prizes!

How to get invited? EASY!

Just participate in / complete FOUR approved Webster County - ISAC wellness programs or activities by October 31, 2015. This can be either 1) THREE activity programs AND your preventive exam AND online wellness assessment or 2) FOUR wellness programs. Be sure to register and / login at Wellmark.com and visit the Wellmark Wellness Center.

Choose from the following items:

Complete the online Wellness Assessment at Wellmark.com's Wellness Center prior to 10/31/2016

Complete a preventive exam prior to 10/31/2016 and SELF-REPORT the date on Wellmark.com in the Rewards section of the Wellness Center. The preventive exam can be an Annual Physical, Mammogram, Pap Smear, Prostate Exam, Zoster Vaccine or a Colonoscopy. Self-reporting is not required this year, but does ensure that Wellmark knows about it in case it gets coded incorrectly.

Participate in "Fiscal Fitness" (March)

Participate in "LOL" (going on now, April—May)

Participate in the Webster County program "Unwrapped" (June-July)

Participate in "Bounce" (coming in August/Sept)

So..... even if you didn't participate in Fiscal Fitness, you can STILL qualify for a celebration invite! Just be sure to participate in the current LOL program, the Unwrapped program and the Bounce program. Then take your online wellness assessment and get your preventive exam scheduled before Oct. 31. Bam! You're in!

Any questions? Ask your Webster County Wellness Committee: Amy Porter, Angie Roderick, Andy McGill, Clark Fletcher, Erin Ford, Lindsay Kavanaugh and Tanya Martinson

NEW Identity Theft Benefit Added to Your EAP Program!

Webster County employees are eligible to receive services from Employee and Family Resources as part of an EAP program. They have added a new benefit to their Financial Consultation services. The Fraud Resolution service assists employees/members at the inception of a fraud related emergency. In the event of an identity theft or a fraud related event, Fraud Resolutions Specialists™ provide both affordable and expedient assistance as follows:

- Clients receive a free consultation of up to (60) minutes with a highly trained Fraud Resolution Specialist™ (FRS) who helps with (7) emergency response activities.
- Assists clients with restoring their identity and good credit.
- Provides ID theft victims with a free "ID Theft Emergency Response Kit."
- Assists with the costly steps to dispute fraudulent debts and advises clients how to communicate with creditors and collection agencies.
- Counsels and provides a document stating the "Preventative Steps" necessary to take in an effort to avoid future ID theft losses and damages to a client's credit score.
- Makes a legal referral to an attorney for a free initial consultation who can be retained at 25% off of the attorney's standard fixed or hourly rates, if legal representation is needed.
- **ADDITIONAL FULL RECOVERY SERVICES** are available for actual victims of ID theft for (1) yr for a fixed fee. Call 1-800-327-4692 or visit efr.org/employees-financial-consultation/ for more information.

Schedule of Events

- * 5/30—Memorial Day (County Holiday)
- * 5/31—Board of Supervisors Meeting, 10am
- * 6/7—Board of Supervisors Meeting, 10am
- * 6/14—Board of Supervisors Meeting, 10am
- * 6/14—Flag Day
- * 6/19—Father's Day
- * 6/20—Summer Begins
- * 6/21—Board of Supervisors Meeting, 10am
- * 6/25—No Women Left Inside Event
- * 6/28—Board of Supervisors Meeting, 10am

May-June 2016

Sun Mon Tue Wed Thu Fri Sat

29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

No Women Left Inside Event



Erin Ford with Webster County Conservation is hosting the event “**No Women Left Inside**” on Saturday, June 25th from 8:00am to 4:30pm — a great opportunity for women ages 13 and older. NWLI is a fun-filled women only event at Brushy Creek where you can try different outdoor skills and activities. Class choices include: bow hunting, fishing, shooting sports, dutch oven cooking, trailer backing, water sports, and DIY nature. If interested in receiving a brochure or for more information please e-mail eford@webstercountyia.org or call 515-576-4258. Enjoy the outdoors, meet new people, and get hands-on instruction in topics you’ve always wanted to know more about! The cost is \$30 and includes meals, drinks and supplies.

Other Upcoming June Events in Conservation:

June 3, 4, 5: Free Fishing Weekend

June 4: Fishing Derby, 9:00 am-11:00am at Brushy Creek fish pier
For beginners with a parent. Meet at fish pier point. Equipment, bait, and lunch provided.

June 11 & 12: 3-D Archery Shoot, 8:00 am-3:00 pm Kennedy Park
Join the Webster Co. Bowhunters & Archery Assoc. for 3-D marksmanship. \$12/shooter.

June 20: Night Paddle, 8:30pm. Meet at Brushy Creek SRA South Boat Ramp. First come, first serve, vessels, jackets, and paddles provided, dependent on weather. For more information, call 515-576-4258.

June 23: Open Paddle, Stand-Up Paddle Boarding, 5-8pm.
Kayaks and SUP boards available to use with NO instruction, first come first serve.

June 28: Owl Prowl, 9:00pm Dolliver Park

June 28: Stand-Up Paddle Boarding Instructional Class, 5:30-6:30pm
Classes are limited to 4 students due to number of boards available. Please call 515-576-4258 to reserve a slot.

ALICE TRAINING AVAILABLE: Rod Strait, Deputy Sheriff and Deputy Derek Christie will be hosting an ALICE Program training session on **Wed. June 22nd** from 1:00-4:00pm in the basement of the LEC. To register, please speak with your supervisor and contact Rod by email rstrait@webstercountyia.org or call 573-1410. The purpose of ALICE training is to prepare individuals to handle the threat of an active shooter and stands for Alert, Lockdown, Inform, Counter, Evacuate. At least one representative from each department should attend this training, if possible.