



Webster County CONNECTION

JULY/ AUGUST 2016

A Newsletter for Employees of Webster County, IA

WELCOME NEW EMPLOYEES!

Stephen Shannon
Daniel Ramirez Villa
Cameron Hicks
Lucas Tjelmeland
Denetria Brown
Wyatt Opperman
Correctional Officers

Beth Albright
Dental Hygienist

Courtney Bender
Clerk, Recorder

Kristina Swanson
Typist Advanced

JOB OPENINGS AT WEBSTER COUNTY:

FT Home Care Aide
PT Home Care Aide
FT Dental Hygienist
See the Human Resources tab at www.webstercountyia.org for details!

Webster County’s Final Wellness Program

Get your game on with our newest and final wellness challenge: **Bounce!**

In this six week challenge, you will work to achieve Hall of Fame status by performing activities that will give your health and well-being a boost. You can begin putting points on the board by completing up to 30 minutes of cardiovascular exercise daily, staying well hydrated, and putting together a weekly game plan for fitness.

Here is why these actions are essential to feeling your best:

Cardiovascular exercise: It’s good for your physical AND emotional health! Make time each day to be physically active whether it be a power fitness walk, bike ride, or rollerblade adventure. Score 1 point for each 10 minutes of cardio exercise up to 30 minutes (3 points) daily.

Hydration: Every cell in your body requires water so drink up. As far as beverages go, aim for 8 cups of non-alcoholic beverages daily. While water is the preferred beverage, you may count an occasional tea, coffee, fruit juice, or soda each day.

Activity Planner: Treat exercise like you do a dentist appointment or meeting...schedule it right into your planner. That increase the odds you will get it done! You will be provided with a simple Activity Planner when you join the challenge and you score THREE bonus points for filling it out each week!

The goal of your challenge is to go from an “Up and Coming Prospect” to a “Hall of Famer”! For more information, please check your email or contact Amy Porter at 573-1148 or aporter@webstercountyia.org. Good luck!

All FT employees currently participating in Webster County’s health plan are eligible to receive a \$50 gift card from ISAC upon completion of this program (provided you haven’t earned the maximum three already). All materials for this program can be found on the Webster County website under the County Employees Only tab.



WC Babies!

Stacy Underwood, Child Support Recovery Unit., and husband **Anthony** welcomed their daughter **Adalyn Ann** on June 27th. Adalyn weighed 8 lb. 14 oz. and was 20 in. long.

Congrats!



Service Anniversaries

We would like to recognize the following employees for their years of service to Webster County as of **July** and **August** 2016. We're very fortunate to have all of you! We appreciate your service, loyalty and dedication.

- 42 years: **Kim Smith**, Assessor
- 35 years: **Sherri Frye**, County Attorney
- 27 years: **Julie Minikis**, Recorder
- 26 years: **Randy Sheker**, Secondary Roads
- 22 years: **Brenda Angstrom**, Treasurer (MV)
- 20 years: **Rod Strait**, Sheriff Dept.
- 19 years: **Tina Eldal**, Auditor
- 18 years: **Erline Jones**, Recorder
- 17 years: **David Lee**, Secondary Roads
Rod Warehime, Secondary Roads
- 16 years: **Carol Gillette**, Community Services
Janet Gadbury, Community Services
- 12 years: **Tony Walter**, Sheriff Deputy
- 11 years: **Carolyn Clark**, Treasurer (MV)
April Murray, Sheriff Deputy
Erin Ford, Conservation
- 10 years: **Mike Kenyon**, Sheriff Dept.
Cody Peterson, Conservation
Tricia Nichols, Public Health
- 9 years: **Doreen Pliner**, Auditor
Keane Brown, Secondary Roads
- 8 years: **Jen Sheda**, Public Health
Brian Nellis, Jail
Shawna Dencklau, Jail
- 7 years: **Chad Hicks**, Secondary Roads
Angie Halfwassen, Public Health
- 5 years: **Jennifer Benson**, County Attorney
- 4 years: **Ben Westergaard**, Jail
Joe Peterson, Assessor
- 3 years: **Ryan Baldrige**, Attorney
Tasha Nielsen, Conservation
- 2 years: **Brittany Baker**, Community Services
- 1 year: **Mackenzie Conrad**, Jail

Calendar of Events

- * 8/23—Board of Supervisors Meeting, 10am
- * 8/30—Board of Supervisors Meeting, 10am
- * 9/2-9/5—Dayton Rodeo
- * 9/5—**Labor Day (County holiday)**
- * 9/6—Board of Supervisors Meeting, 10am
- * 9/13—Board of Supervisors Meeting, 10am
- * 9/20—Board of Supervisors Meeting, 10am
- * 9/22—Autumn Begins
- * 9/27—Board of Supervisors Meeting, 10am

MEMO TO EMPLOYEES:

Don't forget your Online University safety training courses! Try to complete at least one course each month, to stay on track of completing the courses that are due by Nov. 30th. If you need help getting started or you've forgotten your password, contact Amy Porter in Human Resources (573-1148). The website is: <http://firstnetcampus.com/IMWCA2/entities/IMWCA/logon.htm>

WEBSTER COUNTY CONSERVATION EVENTS:

August 26—8:00pm, National Parks movie—Badger Lake, Kennedy Park. Enjoy a movie on the big outdoor screen and see awesome footage of majestic parks across the nation.

August 27—9-11am, Stewardship Saturday—Kennedy Park. Lend a hand to the land, make improvements and share this valuable need with tomorrow's youth. Lend a hand to the land, make improvements and share this valuable need with tomorrow's youth.