

# **WIC HAS ROOM TO GROW!**

Do you know someone who:

- Is pregnant or recently had a baby?
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- Could use some help with their food bill?

## **Please Tell Them About WIC**

WIC provides healthy foods that families need to grow and develop. WIC helps families, but it is not a welfare program. Most WIC participants work, but still qualify for services based on their incomes. You may qualify and not even know it!

### **Income guidelines are higher as of April 1<sup>st</sup> 2011.**

<b>Household Size</b>	<b>Annual Income</b>	<b>Monthly Income</b>	<b>Weekly Income</b>
<b>1</b>	<b>\$20,147</b>	<b>\$1,679</b>	<b>\$388</b>
<b>2</b>	<b>\$27,214</b>	<b>\$2,268</b>	<b>\$524</b>
<b>3</b>	<b>\$34,281</b>	<b>\$2,857</b>	<b>\$660</b>
<b>4</b>	<b>\$41,348</b>	<b>\$3,446</b>	<b>\$796</b>
<b>5</b>	<b>\$48,415</b>	<b>\$4,035</b>	<b>\$932</b>
<b>6</b>	<b>\$55,482</b>	<b>\$4,624</b>	

All income considered is gross or before taxes

If you have a relative, friend, or neighbor who could use some help, encourage them to call us!

**Call Jen at 515-574-3802 or 1-800-510-7756 to see if you qualify**

This institution is an equal opportunity provider.